# **CAREER SWOT ANALYSIS GRID**

#### **STRENGTHS**

- What are your advantages
- What do you do well
- Why are you choosing opportunities in this area?
- What factors are motivating and influencing this decision?
- Do these factors represent some of your inherent strengths?
- What need/position do you expect to fill within your chosen club, organization or employer?
- What have been your most notable achievements?
- To what do you attribute your success?
- How do you measure success?
- What is your greatest asset?

#### WEAKNESSES

- What could be improved (Skills, knowledge, network, financial resources, etc)
- What things are you not really good at?
- What things should you avoid?
- What are your academic or work/professional weaknesses?
- How these weaknesses affect your performance?
- Do any weaknesses potentially create a barrier for the kind of internship or opportunity you are seeking?
- How can you manage the weakness/es

## **OPPORTUNITIES**

- Where are the promising prospects facing you?
- What is the "State of the art" in your particular area of expertise?
- Are you doing everything you can to enhance your exposure to "State of the art" areas?
- What additional education or training might be helpful?
- Would an MBA or another graduate degree add to your advantage?
- How quickly are you likely to advance in your chosen career?
- Useful opportunities can come from such things as: (List them)
  - 1. Changes in technology or industry
  - 2. Changes in government policy related to your field
  - 3. Changes in social patterns, population profiles, lifestyle changes, etc.

### **THREATS**

- What obstacles do you face?
- Are the requirements for your desired career changing?
- Does changing technology threaten prospective opportunities?
- Where are the opportunities for your area of interest or expertise?
- Could your area of interest be fading in comparison to emerging industries?
- How might the economy negatively affect your future internship or full time career search?